

You should always feel safe



where you



live



learn



play

**IF SOMEONE HAS HURT YOU,
It's important to tell an adult you trust...
like a parent, teacher, school resource officer,
counselor, school nurse**

or call

1-800-792-5200

anytime, to talk to someone who can help.

Don't ever keep a secret that hurts or upsets you.



MassKids
Massachusetts Citizens for Children



Massachusetts
School Nurse Organization, Inc.